

Therapy Services at Odd Fellow Home

Some physical changes come on slowly, like the effects of aging. Others happen suddenly, from a stroke or an accident.

Facing limitations, no matter what the cause, can be both physically and emotionally challenging.

Our team of therapists is committed to addressing the physical needs of patients while respecting their dignity and honoring their individuality. We help each patient reach the highest level of independence possible by providing a comprehensive assessment of their capabilities and designing a treatment plan based on appropriate and ethical standards of care.

Following an evaluation of a patient's functional abilities, an individualized rehabilitation program is developed. The treatment program will address areas related to the patient's mobility, performance of activities of daily living, communication skills and swallowing function.



Physical Therapy

Our physical therapists address the prevention and/or treatment of physical limitations such as weakness, pain, gait, movement problems, poor coordination and impaired balance. Physical therapy treatments may include:

- strength training and coordination
- treatment of lower extremity dysfunction
- range of motion therapy
- pain management
- balance training
- amputee care and prosthetics
- physical agent modalities such as ultrasound, and electric stimulation
- vestibular rehabilitation
- total joint rehabilitation

Occupational Therapy

Our occupational therapists focus on activities of daily living (ADL) such as eating and dressing, so individuals can regain independence for a productive, satisfying life.

An occupational therapy treatment plan may include:

- fine and gross motor control skills
- cognitive skills for ADL needs
- ADL skills of grooming, dressing, toileting, showering
- training in the use of self help aids
- IADL skills of home management, cooking, bed making, laundry
- home evaluation to assess the need for adaptive equipment, and modifications to promote home safety
- upper body strengthening, endurance, and coordination
- wheelchair management training /power scooter training to address seating, posture, and positioning needs
- splinting and hand rehabilitation



Speech Therapy

Speech-language pathologists treat individuals with hearing, language and voice communication problems. They also have advanced training for swallowing disorders and working with laryngectomy patients. Their focus is on improving speech-language expression, comprehension and oral motor skills for more accurate speech production and strategies for safe eating. Therapy may include:

- receptive/expressive language therapy
- cognitive rehabilitation
- aural rehabilitation
- voice and speech intelligibility rehabilitation
- swallowing therapy including Vital Stimulation techniques

**For more information call the facility directly
at 920.437.6523.**